

# News letter

November 2018

## SPECIAL EVENTS



BBQ Sunday's 12 noon– 4pm



Bi Weekly Thursday's:  
6pm-9.30pm; Nov. 8th & 29th  
Taco Bar \$13.90 adults/\$ 8  
kids



Bi-weekly Sunday: 10.30 am–  
3.30 pm; Room guest \$10.50;  
Adults \$15; Kids \$7.50  
Chi Yoga; Wednesday's 7.30pm  
Saturday's 10am. Fee N2000



Every Wednesday @ 5:30 pm;  
Fee 2000



Monday's & Wednesday's @ 6pm.

### Greetings GQ Members

As you all aware we had a fire at the gym and was caused from the A/C unit. The new gym extension & aerobic room will be ready for use by November 3rd. The main gym will undergo renovation and will take approx. a month to finish. We would like to Thank our staff & the guards for their bravery in putting out the fire. Their courage will be rewarded.

If you treat Thanksgiving Day as a mere custom, then you are missing out on the true meaning of the holiday. As much as we enjoy Thanksgiving for the dinner and the festivities, we must also rejoice for our good fortune. So, have fun with your family this Thanksgiving, but don't forget to say "Thank you".

As we share our Thanksgiving meal with those we hold dear, we extend our heartfelt thanks to you for honoring us with your patronage! There will also be a quartet band to make this Thanksgiving Dinner a special one. You can place your cooked or Frozen turkey by email to: [aeralagos@gmail.com](mailto:aeralagos@gmail.com); [info@gqlagos.com](mailto:info@gqlagos.com); [aeramanager@hotmail.com](mailto:aeramanager@hotmail.com)

**Happy Thanksgiving! An American tradition celebrated at the AGQ with a Traditional Thanksgiving meal! Make your reservation for Thursday, November 22nd. Time 6pm–9.30pm. Members Fee \$22.00 Adults, Guests \$25.00; \$10.00 children 12 years & below.**

A gentle reminder to remember and honor all of our Veterans for their loyal and dedicated service as of November 11th. Kindly request from the front desk/reception to purchase tickets for the US Marine Ball as of November 3rd. Purchase your tickets for the Sail around the World at the yacht club as of November 16th. The GQ will be representing the USA for the food & beverage section.

**Please check our calendar events for our bi-weekly Tex-Mex buffet & Sunday Brunch.**

**The Management and the AERA Board extend their Thanks for your patronage and we wish you all a Happy Thanksgiving.**



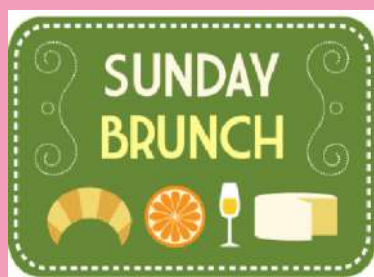
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## Thanksgiving Menu

*Creamy fresh broccoli Salad, Mix lettuce with Pear,  
Parmesan, and Basil Leaf Salad,*

*Roast butternut & pumpkin Soup*

*Roast Turkey with au jus Gravy & Cranberry sauce*

*Country Herb Stuffing*

*Pineapple glazed Roast Virginia Ham*

*Creamy Mash Potatoes with roast Garlic on side*

*Baked Sweet Potatoes with cinnamon*

*Fresh Grill Vegetables & Green Beans*

*Casserole Country style Corn bread, home Baked bread*

*Rolls Apple, Grape or Orang juice, Coffee, Tea & Water*

*Dessert:*

*Pumpkin Pie, homemade Apple Pie & N.Y. Cheese Cake*

**November 22nd, 2018 @ 6:00 pm**



**\$22.00 Adults / \$25 for Guests  
\$10.00 per child under 12 years old.**

**Address : No16 Oyinkan Abayomi Drive (formerly Queens Drive), Ikoyi, Lagos**  
**Telephone: 0814 596 2231**  
**Email: info@ gqlagos.com, Website: www.gqlagos.com**



## FOR YOU OUR MEMBERS

This newsletter is for you, our members. If you have something of interest to contribute please email it to: [aeramanager@gqlagos.com](mailto:aeramanager@gqlagos.com) and we'll try to include it in our next edition.

### Communication Key

Members – our best contact with you is through email: [aeracustomercare@gqlagos.com](mailto:aeracustomercare@gqlagos.com)

If you're not hearing from us it means we don't have your email address.

Please stop by the front desk and give us your current email address.

### Address

16 Oyinkan Abayomi Drive  
(formerly Queens Drive)  
Ikoyi, Lagos.

### Telephone

08051912788  
09086314082  
0814 596 2231  
From the Consulate ext. 3531

### Website

[www.gqlagos.com](http://www.gqlagos.com)

### Email

[aeramanager@gqlagos.com](mailto:aeramanager@gqlagos.com)  
[aeracustomercare@gqlagos.com](mailto:aeracustomercare@gqlagos.com)  
[info@gqlagos.com](mailto:info@gqlagos.com).

### For Finance Questions Email

[aerafinance@gqlagos.com](mailto:aerafinance@gqlagos.com)  
[aerafinanceassistant@gqlagos.com](mailto:aerafinanceassistant@gqlagos.com)

## November 2018

SUNDAY		4 BBQ By The Pool Noon-4pm	11 BBQ By The Pool Noon-4pm Veteran's Day Daylight Savings Time Ends	18 BBQ By The Pool Noon-4pm	25 BBQ By The Pool Noon-4pm
MONDAY		5 FUMIGATION DEEP CLEANING	12	19	26
TUESDAY		6	13	20	27
WEDNESDAY		7 Yoga Class 7:30pm	14 Yoga class 7:30pm	21 Yoga class 7:30pm	28 Yoga class 7:30pm
THURSDAY	1 NO TEX- MEX	8 TEX- MEX Taco BAR- 6PM- 9PM	15 NO TEX- MEX	22 Thanksgiving Day Special dinner at 6pm	29 TEX- MEX Taco BAR- 6PM- 9PM
FRIDAY	2 KARAOKE NIGHT AT THE BAR FROM 6PM ONWARDS	9 TGIF @ The GQ Bar	16 TGIF @ The GQ Bar	23 TGIF @ The GQ Bar	30 TGIF @ The GQ Bar
SATURDAY	3 Yoga class 9:00am	10 Yoga class 9:00am	17 Yoga class 9:00am	24 No BBQ family day	

# Wellness

## Giinini a.k.a Sally's Spa



Don't forget about the Giinini beauty salon located above the gym. The team there does massages, facials, body scrub, steam shower, manicure / pedicure, hairdressing and haircuts (men & kids).

### Opens

**Mon - Sat:** 10 am to 8 pm

**Sanitation Saturdays:** 12 noon to 8 pm

**Sunday:** on demand

**Please call Sally for bookings.**

0803-333-0671 & 0802-315-8138



**Mr SURAJ ADEWOLE**

Thursdays & Last Saturday of the Month  
Time: 2pm - 9pm

- Batik, Paintings & African Arts

## TENNIS /AEROBICS

The GQ Tennis Coaches are:

**Peter** - 0806 087 5205

**Ganiyu** - 0809 400 4514

**Benedict** - 0802 343 2538

**Godwin** - 0802 390 8208

(aerobics & gymnastic)

Kindly call 24 hrs in advance to book the tennis court



## Chi's Yoga

Your Hatha Yoga in Lagos

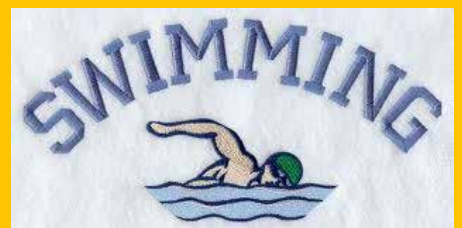
Every Saturday at 9 am.

[www.chisyoga.com](http://www.chisyoga.com)



## VOLLEYBALL GAMES:

Tuesdays & Thursday@5.30pm



**POOL HOURS: 10AM - 7PM**

**GYM HOURS: 6AM - 10PM**



**BASKETBALL GAMES AT THE GQ COURT**



## THE GUEST QUARTER HOURS OF OPERATION

### Guest Quarters Restaurant

**Monday - Sunday:** 06:15 am - 10.00 pm (last order 9:45 pm)  
**Thursday:** Tex - Mex 06:00 pm - 09:30 pm (last fill up)  
**Friday:** T.G.I.F. Happy Hour 12 noon - 10 pm  
**Last Saturday of the month:** 2:30 pm - 06:00 pm ( Family Day BBQ )  
**Every Sunday:** Sunday Brunch: 09:30 am - 1:30 pm  
**N.B. Breakfast is served every day until 11 am**

### Guest Quarters Bar Hours

**Monday - Thursday & Sunday:** 12:00 pm - 10:00 pm  
**Friday & Saturday:** 12:00 pm - midnight  
**Swimming Pool:** Monday - Sunday 10:00 am - 07:00 pm  
**Tennis Court:** Monday - Sunday 06:00 am - 09:00 pm (1 hour maximum w/booking)  
**Gym:** Monday - Sunday 06:00 am - 11:00 pm  
**Aerobics Room:** Monday - Sunday 06:00 am - 11:00 pm (1 hour maximum w/booking)

### Commissary Hours Of Operation

**Monday:** **CLOSED**  
**Tue., Wed., Thur.:** 3:00 pm - 08:00 pm  
**Friday:** 12.00 noon - 8.00 pm  
**Saturday:** 9:00 am - 5:00 pm  
**Sunday:** 12 noon - 4:00 pm  
**Holidays:** **12 noon - 4:00 pm**

