

Newsletter

June 2019



WEEKLY EVENTS



Sunday BBQ: 12 noon - 4pm



Bi-Weekly

Thursday: 6pm - 9:30pm;

Taco Bar \$13.90 adults/ \$8 Kids



Bi-Weekly

Sunday: 10:30am - 3.30pm;

Room Guest \$10.50;

Adults \$15; Kids \$7.50



Chi Yoga

Wednesdays: 7:30pm.

Saturdays: 10am.

Fee N4000



Every Wednesday @ 5:30pm

Fee N2000



Greetings GQ Members,

Summer is finally here as we flip the calendar to June! As we are now in full swing of the summer season and the school is out, many of our members will travel out of Lagos with their friends and families, we wish you safe travels.

For those who choose to stay in Lagos with us, we look forward to seeing you and your family at the GQ. If you have fun ideas for kids' activities, we'd be happy to work with you to bring a fun-filled summer for kids at the GQ. Also, during the week and on the weekends, we will offer daily food and drinks specials so please keep an eye out for that.

Also during the month of June, we will be hosting several special events such as GQ Club Lagos Photo Contest, Father's Day brunch, Tex Mex, family BBQ, BBQ by the pool, TGIF with live music, and weekend market, among others.

More details are available throughout the newsletter or on our website at www.gqlagos.com. As always, we look forward to your continuous support of our events and we hope to see you and your friends and family at our events.

We hope everyone has ventured out to the GQ and seen the new Gazebo. We are extremely excited about it and hope everyone is as well.

Once again, we must say "Thank you" to Budweiser Nigeria for their generous sponsor and for their hard work planning, building, organizing, and yes even putting in countless hours of "elbow grease" to complete the project!

A very big "Thank you" goes to each Member whose cooperation and patience during the time the project took place help us complete the project. There are too many names to list individually; however, please know that we could not have done this without you.

Finally, we've made so many improvements that we are extremely proud of. Please invite your friends to visit us, and let them know that the hidden gem of Lagos is being polished. So think of us as the caterer for your next gathering, reception, or meeting and let the GQ team take the stress out of your event. Our team is always ready to make your events special.

Happy Summer - See you all at the GQ!

Cheers,
The GQ Management Team

Highlighted



The GQ Club Lagos Photo Contest

SUBMIT your favorite vacation photo with us for a chance to win \$100 GQ coupons.

This contest is open for GQ members only. It will be open from June 1, 2019 through July 15, 2019 at 11:59 pm West African Time (WAT)

We will announce 2 winners on GQ's August Newsletter. We look forward to seeing all of your extraordinary vacation photos!

How to Enter

- Like GQ Facebook page "The GQ Club Lagos" if you haven't done so.
- Submit your favorite vacation photo by uploading the photo to GQ Facebook page with a brief description of the location and why it is your favorite vacation photo.
- Invite your friends to like, comment, or share your photo.

Individual contestants may submit no more than one photo.

Participation in this contest is deemed as acceptance of the Official Contest Rules.

A submission must be an original photograph, taken by the contestant.

ENTER YOUR FAVORITE VACATION PHOTO FOR A CHANCE TO WIN

\$100

ENTRY DEADLINE: JULY 15, 2019

HOW TO ENTER

- Add GQ Facebook page "GQ Club Lagos" if you are not our friends yet
- Submit your favorite vacation photo by uploading the photo to GQ Facebook page with a brief description of the location and why it is your favorite vacation photo.
- Invite your friends to like, comment, or share your photo

MORE INFO: www.gqlagos.com

Content Requirements

The content of all submissions must be suitable for a global, public audience. Submissions must be original content created by the contestant .

Eligibility

Contestants must be GQ members.

Selection of Winners

All photos are subject to pre-screening to ensure compliance with the Official Contest Rules. Any photos out of compliance will be disqualified.

There is **one people's choice winner** (the one with the most Facebook likes, comments, and shares)

There is **one winner selected by GQ judges** which are comprised of the GQ Board of Directors and GQ Management Team.

Prizes

Winner will receive a **\$100 coupon** from the GQ

Winning photographs may be displayed on the GQ's website, social media properties and/or at the GQ itself.

UPCOMING EVENTS



The GQ Club Photo Contest

June 1 – July 15

SUBMIT your favorite vacation photo with us for a chance to win \$100 GQ coupons.

This contest is open for GQ members only. It will be open from June 1, 2019 through July 15, 2019 at 11:59 pm West African Time (WAT)

We will announce 2 winners on GQ's August Newsletter. We look forward to seeing all of your extraordinary vacation photos!



BBQ by the pool

Sunday, June 9 & June 23 | 12:00 – 4:00pm

The grill is hot and the drinks are cool. Come join family and friends for a fun barbeque by the pool!



Tex Mex

Thursday, June 6 & June 20 | 6:00 – 9:00pm

Can we Taco bout something?

We're hosting a Taco Bar – and you're invited!

Trust us, this is Nacho ordinary Fiesta



Trivia Night

Wednesday, June 12 | 6:30 pm

Question: What's an awesome way to spend an evening?

Answer: Trivia Night at the GQ Bar!



Father's Day brunch

Sunday, June 16 | 12:00 – 4:00pm

Come join us for Father's Day brunch as we honor the men in our lives.

Price: \$20/adults; \$10/kids



Family BBQ Day & Weekend Market

Saturday, June 29 | 11:00am – 4:00pm

Join the GQ for a fun day of eating and shopping fresh, organic, and locally made products.

To make reservations, please visit www.gqlagos.com or email info@gqlagos.com

JUNE EVENT CALENDER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	Having trouble receiving emails from us? Here are some tips that can help: 1. Add info@gqlagos.com , aeracustomercare@gqlagos.com to your mail list 2. Check your spam folder and mark the email as Not Spam 3. Visit our website www.gqlagos.com to add your email to our distribution list				TGIF @ The GQ BAR	June 1 Free Aerobic Session @8:30am Yoga class: 9 am The GQ Club Lagos Photo Contest commences
2 Sunday Brunch 10:30—3:30pm	3 FUMIGATION & DEEP CLEANING	4	5 Yoga class at 7.30 pm	6 TEX- MEX Taco BAR 6 PM- 9 PM	7 TGIF @ The GQ BAR	8 Yoga class: 9 am
9 BBQ by the pool NOON -4PM	10	11	12 TRIVIA night @6:30pm Yoga class at 7.30 pm	13	14 TGIF @ The GQ BAR	15 Free Aerobic Session @8:30am Yoga class: 9 am
16 Father's Day Brunch 10:30—3:30pm	17	18 National Sushi Day	19 Yoga class at 7.30 pm	20 TEX- MEX Taco BAR 6 PM- 9 PM	21 TGIF @ The GQ BAR	22 Yoga class: 9 am National Onion Rings Day
23 BBQ by the pool NOON -4PM	24	25	26 Yoga class at 7.30 pm	27	28 TGIF @ The GQ BAR	29 Weekend Market 11:00 - 4:00pm Family BBQ 12:00—4:00pm

HEALTH AND FITNESS



VOLLEYBALL GAMES:
Tuesdays & Thursday@5.30pm



POOL HOURS: 10AM - 7PM



BASKETBALL GAMES AT THE GQ COURT



Chi's Yoga
Your Hatha Yoga in Lagos.
Every Saturday at 9 am. www.chisyoga.com



GYM HOURS: 6AM - 10PM

Giinini
a.k.a Sally's Spa



Don't forget about the Giinini beauty salon located above the gym. The team there does massages, facials, body scrub, steam shower, manicure / pedicure, hairdressing and haircuts (men & kids).

Opens

Mon - Sat: 10 am to 8 pm

Sanitation Saturdays: 12 noon to 8 pm

Sunday: on demand

Please call Sally for bookings.

0803-333-0671 & 0802-315-8138



Mr SURAJ ADEWOLE

Batik, Paintings & African Arts

Thursdays & Last Saturday of the Month

Time: 2pm - 9pm



TENNIS /AEROBICS

The GQ Tennis Coaches are:

Peter - 0806 087 5205

Ganiyu - 0809 400 4514

Benedict - 0802 343 2538

Godwin - 0802 390 8208
(aerobics & gymnastic)

Kindly call 24 hrs in advance to
book the tennis court



THE GUEST QUARTERS HOURS OF OPERATION

Guest Quarters Restaurant

Monday - Sunday: 06:15 am - 10.00 pm (last order 9:45 pm)

Thursday: Tex - Mex 06:00 pm - 09:30 pm (last fill up)

Friday: T.G.I.F. Happy Hour 12 noon - 10 pm

Last Saturday of the month: 12 noon - 4:00 pm (Family Day BBQ)

Every Sunday: Sunday Brunch: 10:30 am - 1:30 pm

Breakfast is served every day until 11 am

Guest Quarters Bar Hours

Monday - Thursday & Sunday: 12:00 pm - 10:00 pm

Friday & Saturday: 12:00 pm - midnight

Swimming Pool: Monday - Sunday 10:00 am - 07:00 pm

Tennis Court: Monday - Sunday 06:00 am - 09:00 pm (1 hour maximum w/booking)

Gym: Monday - Sunday 06:00 am - 11:00 pm

Aerobics Room: Monday - Sunday 06:00 am - 11:00 pm (1 hour maximum w/booking)

Commissary Hours Of Operation

Monday: CLOSED

Tue., Wed., Thur.: 3:00 pm - 08:00 pm

Friday: 12.00 noon - 8.00 pm

Saturday: 9:00 am - 5:00 pm

Sunday: 12 noon - 4:00 pm

Holidays: 12 noon - 4:00 pm

